

Talon Toes



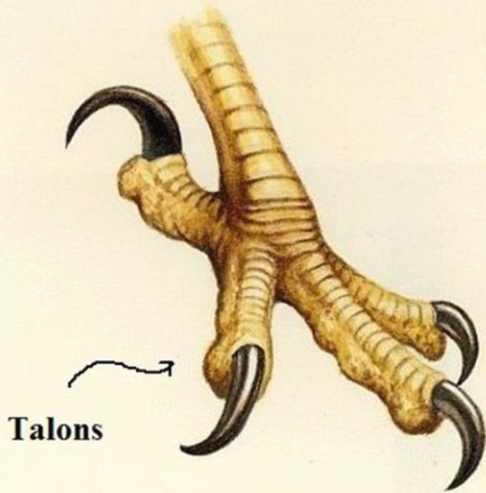
Have you ever wondered what to do with all your single, mismatched socks after their companions disappear in the wash? Consider upcycling them into fun, wearable bird feet! Making “Talon Toes” is a great way to make use of mismatched socks while exercising creativity and learning about birds of prey.

MATERIALS

White socks

Permanent Markers

Imagination!



STEPS

- 1) Gather white socks of any kind. It's okay if they are mismatched!
- 2) Explore different types of birds of prey and examine their talons. What do you notice? What do you wonder? What do they remind you of?
- 3) Decide what kind of bird of prey you want to be. You can be a real-life bird like a hawk, or create your own imaginary bird!
- 4) Create! Begin at the bottom/toe section of the front of the socks, drawing the nails first and then working your way up to create a sock that, when worn, will transform your feet into talons!
- 5) Wear your Talon Toes!

Opportunities for Expanded Learning

What are birds of prey? What makes them special? Watch [THIS VIDEO](#) to explore the fascinating life of birds of prey from Ranger Zak educational videos for kids!

Talons, claws, and nails, oh my! Discover the evolutionary purpose of nails, and explore the theories of why they evolved from claws over 55 million years ago by watching [THIS TED-Ed](#) by Matthew Borths.

How do you draw anatomically correct talons? Watch [THIS TUTORIAL](#) by Azz Easy Drawing to try your hand at eagle talon art.



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